



SHINFIELD RANGERS U10 SEASON 20/21

Playing Philosophy

In Possession Plan

Whilst in possession of the ball we must work hard to be effective. We must assume that our opponent has a high pass accuracy and therefore it is critical we try to adhere to the following parameters:

- No unnecessary risk taking – be patient.
- Turn the opposition effectively and find good areas
- Using effective space, look to retain the ball in the opponent's half - don't force the play.
- Quality and timing of passing is key.
- Be aware of the forward players runs – be able to spot when a player wants the ball and when he is trying to create space for someone else.
- Make the right decision as a player – when to pass to a running player or when to dribble to exploit space.
- Make use of overlaps and underlaps in wide areas, the opponent will likely be very compact out of possession.
- Don't make a straight early run.
- Movement from behind the ball into space created by movement in front of the ball should yield success.
- Focus on inverted wide play, combinations and effective forward running without the ball to unbalance the opponent. We must try and create a numerical advantage in wide areas to exploit the opponent.

Methodology

Play wide and high, aim to dominate the midfield area to create a goalscoring opportunity through (9) (7) (11). Overlapping support to be provided by (2) (3), depending on side of attack. Depth and safety supplemented by screening of the deeper lying midfielder (4).

From attacking throw in look to switch play to opposite side where the opponent is unbalanced and therefore weaker.

Press high into areas 16/17/18 in order to win the ball and play through the minimal amount of defensive lines



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Playing Philosophy

Out of Possession Plan

Whilst out of possession of the ball we must work hard to be effective. We must assume that the opponent will have a high figure of final third entries, with many of these resulting in penalty area incursions. We will not know the amount of goals they have only scored from open play or the average shots per match, but they will have an attacking capability that we should not be complacent of. It is critical we try to adhere to the following parameters;

- Stay compact and force play away from goal.
- Trust your teammate, the team shape and your own ability.
- Using effective space, look to retain the ball in the opponent half - don't force the play.
- Play narrow with (9) dropping in to track forward runners.
- Transformation from 1-2-3-1 to 1-3-3 and control of the flat 6 must be directed by (4).
- All players to adapt and implement TADS as Individual Primary Players and Units.
- Make effective blocks and be competitive.
- Early fouls in the opponent half may be a consideration to break up a counter attack if we are caught out of balance – test the resolve of the referee but don't take potentially damaging risks
- Be disciplined, especially in our defensive third. No unnecessary free kicks.

Methodology

Shrink and transform into 1-3-3, occupying central areas. This will dictate that we may have to concede wide area possession as a viable "trade off". However, to counteract this, we will show "inside" in our defensive third to suit GK (1), who has a main strength as shot stopping as opposed to dealing with crosses. In the attacking and midfield areas we will show "line" to try and disrupt the opponent and force him to move the ball out of play.

For balance, movement and compactness, our main defensive communication will be through (4) who will have moved into central position within back 3. Supported by the GK (1), this player is required to manage the defensive relationships (Timing/Angles/Distances/Speed).

Do not concentrate on winning the first ball in the press, look to set traps to regain possession of the ball. Move as a unit and react to triggers, such as a weak or loose pass. Do not press in isolation which will be ineffective.



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Playing Philosophy

Transition Plan – Positive (+) & Negative (-)

Transition is the process of recognition and response following the regain or loss of possession. We must ensure that we are mentally and physically robust and to consider key triggers through the game. We must always have a clear picture of the changing game play relative to players and space- this should allow clear decisions to be made instantly and immediately rather than solely reactively. It is critical we try to adhere to the following parameters;

Positive (+)	Negative (-)
<ul style="list-style-type: none">▪ Aim to be forward thinking and know intentions in advance of regaining the ball.▪ Try to play to the furthest forward player effectively on regaining possession.▪ Determine passing options or space to exploit if you make an interception.▪ On a regain of possession, look to penetrate the opposition quickly and with accuracy.▪ Make forward runs behind the opposition to allow forward passing.▪ If we can't play forward or run with the ball, quickly determine the next best option and execute that delivery.▪ Determine where you need to be to potentially block a forward pass from the opposition if your own pass fails.▪ Focus on the first pass after regaining the ball, whether that be a long pass to a forward player or a short pass into open space combined with fast forward running.▪ Be prepared to support the player who receives the ball. Take advantage of situations when we regain the ball whilst the opponent is unbalanced, and their defence disorganised at that specific moment.	<ul style="list-style-type: none">▪ If a passing move breaks down determine what you will need to do as an individual, unit and team.▪ Recover to a defensive shape behind the ball (1-3-3)▪ Make recovery runs to shut down space and provide cover.▪ Show "inside" when occupying our own defensive third, at other times show "line".

Methodology

Be swift and incisive in taking the initiative on a regain of possession. Be controlled, compact and balanced out of possession. In both cases we must consider Individual, Unit and Team actions. We will only be successful if we conjoin all these actions together as a team.



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Playing Philosophy

Tactics v Strategy

Tactics v Strategy (Simplified)

TACTICS	STRATEGY
We are likely to be pressed by a lone striker, therefore play high and wide into (7) (11) through GK (1) and (4) beyond opposing (2) (3). GK distribution is critical.	Maintain a high press with speed and application in +/- transition
Link play with (9) to hold up play. (9) must aim to occupy space between opposing LB/RB to create uncertainty	Maintain the momentum as much as possible through effective Individual/Unit/Team actions
Overlapping support provided by (2) (3) pertinent to area of attack, allowing (7) (11) to occupy $\frac{1}{4}$ space areas.	Play through thirds as quick as possible and beyond /behind covering defensive line
Occupy central and $\frac{1}{4}$ space areas, (7) (9) (11), supported by a high defensive line (2) (3). Advance position of (4) into supporting attacking role.	Aim to cause maximum disruption to the opponent in a safe and controlled manner
Be prepared to make immediate transformation in shape through (4) and (9) to implement out of possession plan	Aim to establish a numerical advantage in areas of the pitch and consider switch of play to catch opponent out of balance on weaker side.

Primary Player Positions

Shirt Number	Position at 11 v 11 (conventional)	Player	Positions at 7v7 (Utility)
1	GK	Rotational (Fin)	
2	RB	Fin	(3) (11)
3	LB	Toby	(2) (7)
4	CDM	JJ	(4) (9) (11)
5	CB	Atharv	(2) (3)
6	CB	Josh	(2) (3)
7	RM	Dex	(2) (4) (7) (9)
8	CAM	Levi	(2) (4) (7) (9)
9	STK	Beau	(2) (3) (4) (9)
10	STK	Lucas	(2) (4) (7)
11	LM	Zain	(3) (11)
12	Unassigned	Keagan	(3) (4) (9) (11)
13	Unassigned	Riley	(2) (3)

